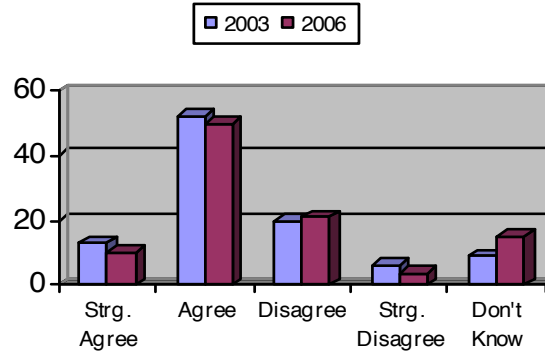


Leisure Activity Important to Residents of Wood County

Variety of Leisure Activities for Youth are Adequate



Key Facts

The 2006 *LIFE Community Survey* asked each respondent to *agree* or *disagree* that adequate variety exists for leisure activities available within Wood County parks, libraries, museums, theaters, athletic facilities, leagues and clubs.

The *Survey* indicates:

- Agreement that adult recreation is adequate increased by 4%
- Agreement that youth recreation is adequate decreased by 5%
- Retired workers respond more positively to recreational areas being adequate for adults.

Why is this Information Important?

A community that provides a variety of leisure activities for all ages and interests can increase the quality of life for its residents. Providing youth with adequate recreational and leisure activities is vital to sustaining healthy minds and bodies, and may prevent or eliminate at-risk behaviors. “A community that plays together stays together.”

Leisure Activities

Quality of life is important to Wood County residents and making time for leisure activities helps provide a break from daily stress. When there is time to relax, it is important that enjoyable activities are available and offered within a community.

Activities such as biking, bowling, gardening, yoga, shopping, boating, exercise and involvement in civic and social organizations are just a few examples of the many leisure activities people may choose in order to relax and have fun.

Source: 2006 Wood County Life Community Survey